



**Skirlough CE Primary School**  
**Mental Health Provision Map**

**Universal**

- Positive behaviour policy
- Reward systems
- Upholding of Christian vision
- Underpinned by Christian values
- Effective PSHE curriculum delivered weekly
- Mindfulness built into the curriculum
- Calm and positive classroom environments
- Strong teacher/pupil relationships
- Wellbeing worships
- Celebration worships
- Celebration displays/working walls
- Opportunities for responsibility e.g. Y6 helpers, Sports Leaders etc.
- Pupil voice opportunities through the School Council
- School-wide zones of regulation

**Additional/Targeted Support**

- Two fully-trained ELSAs
- Self-esteem workshops/interventions
- Drawing and talking therapy
- Lego therapy
- Friendship groups
- Time to Talk
- Sensory Circuits
- The volcano in my tummy
- Self-regulation activities
- EBSA meet and greets
- Adapted timetabling
- Forest School provision
- 'Hub' access
- Therapy dog

**Specialist/External Support**

- Mental Health Support Teams for advice, direct work and parent-led CBT
- CAMHS
- School Nurse
- Children's Social Care
- Barnardo's
- The Forest Project
- Cruse Counselling
- Jen's Special Place
- Education Welfare Officer (EWO)
- Beeford Children's Centre
- Matthew's Hub
- O-25 SEND Team
- Educational Psychology
- Sensory Processing Hub