

Week 1

21 APR

Ham, Tomato and Mascarpone Pasta OR
Tomato and Mascarpone Pasta [V]
Garlic Bread [V], Mixed Vegetables [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Chocolate Brownie [V]

12 MAY

Pulled Butter Chicken Wrap
Butter Quorn Wrap [VE]

09 JUN

Potato Wedges & Vegetable Sticks [VE]

30 JUN

Fresh Fruit [VE] or Yoghurt [V] OR
Sultana Shortcake & Custard [V]

21 JUL

Roast Turkey & Stuffing OR
Roast Quorn Fillet & Stuffing [VE]

15 SEP

Oven Baked Roast Potatoes [VE]

06 OCT

Broccoli, Baby Carrots & Gravy [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Ice Cream Roll & Fruit [V]

Italian Style Beef Meatballs OR
Protein Power Meatballs [VE]
Steamed Rice & Sweetcorn [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Bakewell Tart & Cream [V]

Fish Fingers (Tomato Sauce) OR
Ocean Friendly Fingers (Tomato Sauce) [VE]
Chunky Chips [VE]
Garden Peas or Beans [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Melting Moment and Apple Slices [V]

28 APR

Italian Style Chicken
OR Italian Style Quorn Fillet [V]
Steamed Rice & Mixed Vegetables [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Chocolate Crunch & Custard [V]

19 MAY

All Day Breakfast OR
All Day Breakfast [VE]

16 JUN

Hash Browns and Baked Beans [VE]

07 JUL

Fresh Fruit [VE] or Yoghurt [V] OR
Vanilla Cheesecake & Fruit [V]

01 SEP

Roast Pork

22 SEP

Quorn Roast [VE]

13 OCT

Mashed Potato,
Broccoli, Baby Carrots & Gravy [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Jelly and Ice Cream [V]

Italian Style Bolognese & Pasta OR
Italian Style Bolognese & Pasta [VE]
Vegetable Sticks [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Summer Cupcake [V]

Oven Baked Fish Star (Tomato Sauce) OR
Crispy Rainbow Dippers (Tomato Sauce) [VE]
Chunky Chips [VE]
Garden Peas [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Strawberry Mousse & Mixed Fruit [V]

Week 2

05 MAY

Ham, Cheese & Tomato Calzone Pizza
OR Cheese & Tomato Pizza [V]
Rice & Vegetable Sticks [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Wellington Fudge & Cream [V]

02 JUN

Cheese & Tomato Pasta OR
Vegetable Lasagne [V]

23 JUN

Garlic Slice [V] & Summer Salad [VE]

14 JUL

Fresh Fruit [VE] or Yoghurt [V] OR
Mango or Strawberry Smoothie & Mixed Fruit [VE]

08 SEP

Roast Chicken & Stuffing Or
Roast Quorn Fillet & Stuffing [VE]

29 SEP

Mashed Potato [VE]

20 OCT

Baby Carrots, Broccoli & Gravy [VE]
Fresh Fruit [VE] or Yoghurt [V] OR
Orange Shortcake & Custard [V]

Hot Dog in a Bun OR
Quorn Hot Dog in a Bun [VE]
Potato Wedges [VE]
Baked Beans [VE]
Fresh Fruit [VE] & Yoghurt [V] OR
Vanilla Muffin [V]

Breaded Fish Squares (Tomato Sauce) OR
Crispy Rainbow Fingers (Tomato Sauce) [VE]
Chips [VE]
Garden Peas OR Mushy Peas [VE]
Fresh Fruit [VE] & Yoghurt [V] OR
Chocolate Crackle [V]

Week 3

Reduced Allergy and Intolerance Menu

Week 1

21 APR

12 MAY

09 JUN

30 JUN

21 JUL

15 SEP

06 OCT

Ham and Tomato Pasta Sauce [RA]

Mixed Vegetables

Alpro OR Chocolate Cake OR

Fruit or Jelly

Pulled Chicken Wrap [RA]

Potato wedges and Vegetable Sticks

Alpro OR Chocolate Cake OR

Fruit or Jelly

Roast Turkey

Oven Baked Roast Potatoes

Broccoli, Baby Carrots & Gravy

Alpro OR Chocolate Cake OR

Fruit or Jelly

Italian Style Beef Meatballs [RA]

Steamed Rice & Sweetcorn

Alpro OR Chocolate Cake OR

Fruit or Jelly

Fish Portion (Tomato Sauce) [RA]

Chunky Chips

Garden Peas or Beans

Alpro OR Chocolate Cake OR

Fruit or Jelly

Week 2

28 APR

19 MAY

16 JUN

07 JUL

01 SEP

22 SEP

13 OCT

Italian Style Chicken [RA]

Steamed Rice & Mixed Vegetables

Alpro OR Chocolate Cake OR

Fruit or Jelly

All Day Breakfast [RA]

Hash Browns and Baked Beans

Alpro OR Chocolate Cake OR

Fruit or Jelly

Roast Pork

Mashed Potato,

Broccoli, Baby Carrots & Gravy

Alpro OR Chocolate Cake OR

Fruit or Jelly

Italian Style Bolognese & Pasta Sauce [RA]

Vegetable Sticks

Alpro OR Chocolate Cake OR

Fruit or Jelly

Fish Fillet (Tomato Sauce) [RA]

Chunky Chips

Garden Peas

Alpro OR Chocolate Cake OR

Fruit or Jelly

Week 3

05 MAY

02 JUN

23 JUN

14 JUL

08 SEP

29 SEP

20 OCT

Chicken Curry [RA]

Savoury Rice & Vegetable Sticks

Alpro OR Chocolate Cake OR

Fruit or Jelly

Tomato Pasta [RA]

Summer Salad

Alpro OR Chocolate Cake OR

Fruit or Jelly

Roast Chicken

Mashed Potato

Baby Carrots, Broccoli & Gravy

Alpro OR Chocolate Cake OR

Fruit or Jelly

Hot Dog in a Tortilla Wrap [RA]

Potato Wedges

Baked Beans

Alpro OR Chocolate Cake OR

Fruit or Jelly

Fish Fillet (Tomato Sauce) [RA]

Chips

Garden Peas OR Mushy Peas

Alpro OR Chocolate Cake OR

Fruit or Jelly